

M.A.Part -I and } गृह अर्थशास्त्र
M.A.Part-II, 2013 }

Prospectus No.0131814

संत गाडगे बाबा अमरावती विद्यापीठ
SANT GADGE BABA AMRAVATI UNIVERSITY

समाजविज्ञान विद्याशाखा

(FACULTY OF SOCIAL SCIENCES)

अभ्यासक्रमिका

वाङ्मय पारंगत परीक्षा भाग-१,
व भाग-२, २०१३ (गृह अर्थशास्त्र)

PROSPECTUS

OF

M.A. Examination Part-I

and

Part-II of 2013

for

HOME-ECONOMICS



2012

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Registrar

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SPECIAL NOTE FOR INFORMATION OF THE STUDENTS

(1) Notwithstanding anything to the contrary, it is notified for general information and guidance of all concerned that a person, who has passed the qualifying examination and is eligible for admission only to the corresponding next higher examination as an ex-student or an external candidate, shall be examined in accordance with the syllabus of such next higher examination in force at the time of such examination in such subjects papers or combination of papers in which students from University Departments or Colleges are to be examined by the University.

(2) Be it known to all the students desirous to take examination/s for which this prospectus has been prescribed should, if found necessary for any other information regarding examinations etc., refer the University Ordinances Booklet the various conditions/ provisions pertaining to examinations as prescribed in the following Ordinances -

- Ordinances No.1 : Enrolment of Students.
- Ordinances No.2 : Admission of Students
- Ordinances No.4 : National Cadet Corps
- Ordinances No.6 : Examination in General (relevant extracts)
- Ordinance No. 9 : Conduct of Examinations (Relevant Extracts)
- Ordinance No. 18/2001 : An Ordinance to provide grace Marks for passing in a Head of passing and Improvement of Division (Higher Class) and getting Distinction in the subject and condonation of deficiency of Marks in a subject in all the faculties prescribed by the statute no. 18 Ordinance, 2001
- Ordinance no.10 : Providing for Exemptions and Compartments.
- Ordinance No.19 : Admission of Candidates to Degrees
- Ordinance No.109 : Recording of a change of name of a University Student in the records of the University.
- Ordinance No.6/2008 : For improvement of Division.

Ordinance No.159 : Prescribed rules for Revaluation of Answer Books of Examinees at University Examinations.

Dineshkumar Joshi
 Registrar
 Sant Gadge Baba Amravati University.

PATTERN OF QUESTION PAPER ON THE UNIT SYSTEM.

The pattern of question paper as per unit system will be broadly based on the following pattern

- (1) Syllabus has been divided into units equal to the number of question to be answered in the paper. On each unit there will be a question either a long answer type or a short answer type.
- (2) Number of question will be in accordance with the unit prescribed in the syllabi for each paper i.e. there will be one question on each unit.
- (3) For every question long answer type or short answer type there will be an alternative choice from the same unit. However, there will be no internal choice in a question.
- (4) Division of marks between long answer and short answer type question will be in the ratio of 40 and 60
- (5) Each short answer type question shall contain 4 to 8 short sub question with no internal choice.

* * * *

**SYLLABUS
FOR
M.A. HOME ECONOMICS EXAMINATION
(From 2012-2013 Session)**

There shall be four papers each of Part-I and Part-II Examinations and each Paper will carry 100 Marks.

Candidates for M.A. Part-I Examination will be examined in four Compulsory papers.

M.A. Part-I

| Paper: | | | Marks | |
|---------------|---|------------|----------------------|------------|
| Paper-I: | Family Resource Management | Theory | 75 | 100 |
| | | Sessional | 25 | |
| Paper-II | Human Development | Theory | 75 | 100 |
| | | Sessional | 25 | |
| Paper-III | Textile Clothing and Fashion Designing | Theory | 75 | 100 |
| | | Practical | 25 | |
| Paper-IV | Research Methodology and Computer Application in Home-Economics | Theory | 75 | 100 |
| | | Field Work | 25 | |
| | | | Total | 400 |
| | | | Passing Marks | 144 |

M.A. Part-II

| Paper: | | | Marks | |
|---------------|--|-----------|--------------|-----|
| Paper-I: | Consumer Economics and Marketing | Theory | 75 | 100 |
| | | Sessional | 25 | |
| Paper-II | Food Science and Food Service Management | Theory | 75 | 100 |
| | | Practical | 25 | |
| Paper-III | Extension Education and Communication | Theory | 75 | 100 |
| | | Sessional | 25 | |

| | | | | |
|----------|----------------------------------|------------|----------------------|------------|
| Paper-IV | Marriage and Family Relationship | Theory | 75 | 100 |
| | | Field Work | 25 | |
| | | | Total | 400 |
| | | | Passing Marks | 144 |
| Paper-V | Housing and Home Management | Theory | 75 | 100 |
| | | Field Work | 25 | |
| Paper-VI | Dissertation Viva-Vove | Theory | 75 | 100 |
| | | Field Work | 25 | |

**M.A. PART-I (HOME ECONOMICS) EXAMINATION
PAPER-I
FAMILY RESOURCE MANAGEMENT
(Implemented from 2012-2013 Session)**

| | |
|--------------------------|------------------|
| Time : 3 Hrs. for Theory | Full Marks - 100 |
| | Theory- 75 |
| | Sessional 25 |

Objectives : To enable students to

- 1) Understand various concepts and principles of Management and its functions.
- 2) Understand the Significance of management in changing environment.
- 3) Understand importance of energy, time and money management.

COURSE CONTENT

Unit-I

- 1.1 Concepts and Activities of family resource management.
- 1.2 Development of managerial ability.
- 1.3 Role of decision making in family resource management.

Unit-II

- 2.1 Role of values Goals and standard in management process.
- 2.2 Management applied to the use of resources within and outside home.
- 2.3 Concept and importance of residence courses, Managerial abilities in residential course, Evaluation of rotation of duties.

Unit-III

- 3.1 Role of time and energy management in different stages of family life cycle.
- 3.2 Process of managing energy and time management.

Unit-IV

- 4.1 Methods and techniques in money management, managing family income budgets.
- 4.2 Employment and self employment status of women in India.
- 4.3 Commercial Banks, small scale Industries development, self help groups.

Unit-V

- 5.1. Techniques of Work Simplification.
- 5.2 Ergonomics and its application in family resources management.

Sessional Marks on -

Applied Management Programme in reference with 25 Marks
time, energy and money management.

Reference Books:

1. Management for Modern Families by Gross & Crandall.
2. Management in Family Living by Nickel & Dorsey.
3. Motion and Time Study by Alph. M. Barnes.
4. Work Simplification by Gerald Nadler.
5. Time and Motion study by Mundel.
6. Home Management Context & Concepts by R. E. Deawn & F. M. Firebaugh(Haughton Muffin Co. Bostan, 1975).
7. Family Resource Management and Applications by R. E. Dewan & F. M. Firebaugh (Allyn and Bacon Inc Boston, 1981)
8. Modern Management Issues and Ideas by David R. Hampton.
9. Introduction to Management by Chatterjee.
10. A Guide to efficient Household Management by Feber and J. Feber, 24, Russell Square, London).
11. Management a Decision making Approach by Young Stanely, (Disconson Publishing Co.,)
12. Ergonomics of Home by Francis and Taylon Co.
13. Journal and Ergonomics by Francis and Taylon Co.
14. Journal and Ergonomics by Francis and Taylon (V.K.)
15. प्राप्त गृह व्यवस्थापन : डॉ. आशा निमकर

PAPER-II**HUMANDEVELOPMENT**

Time : 3 Hrs for Theory

Full Marks : 100

Theory : 75

Sessional : 25

OBJECTIVES:

1. To introduce the students to the major concept of human development .
2. To provide the information to the students about the characteristics of children with special needs.
3. To give the students a broad comprehensive view of the child at each stage of his development.
4. To acquire the knowledge of Early Childhood - Education.
5. To make the students aware of entrepreneurship.

COURSE CONTENTS :**Unit I : Introduction**

- 1.1 Meaning and definition of child development.
- 1.2 Scope and Significance of Child development.
- 1.3 Stages of human Development .
- 1.4 Methods of child study
 - 1.4.1 Observation
 - 1.4.2 Case Study
 - 1.4.3 Experimental method.

Unit-II Early and Late Childhood

- 2.1 Meaning and definition, significance of physical development .
- 2.2 Emotions and Emotional expression
- 2.3 Social development and activities
- 2.4 Moral attitude and behaviours.

Unit-III Early Childhood Education

- 3.1 Balwadi and K.G.Education.
Its objectives, functions and curriculum.
- 3.2 Staff and other personnel
Academic qualification and Personal characteristics.
- 3.3. Parent-teacher meeting and Parent teacher - child relationship
- 3.4 Personality development - concepts and significance of personality development, Factors affecting personality development.

Unit-IV Puberty and Adolescence :

- 4.1 Physical growth and changes.
- 4.2 Emotions and emotional behaviour
- 4.3 Social development and behaviour.

Unit- V Entrepreneurship :

- 5.1. Definition and characteristics of an entrepreneur.
- 5.2. Human development and entrepreneurship
- 5.3. Entrepreneurship development and employment promotion.
- 5.4. Factors affecting the entrepreneur's role.

Sessional Marks on :

| | | |
|--|---|----------|
| A. Seminar on related topic | - | 10 Marks |
| B. Survey or Case Study | - | 10 Marks |
| C. Visit to pre-school or Training centre or Entrepreneur centre | - | 05 Marks |
| | | Total |
| | | 25 Marks |

(Survey , Seminar, Record book to be maintained.)

Reference Books :

1. Barookh, Premila - Nursery schools in India.
2. चंदावसकर नलिनी - किशोरावस्था, म.वि.ग्रं.नि. मंडळ, नागपूर.
3. देव, प्रफुल्ल, एन व रायजादा विपिन सिंह- बाल मनोविज्ञान
4. Desojh N.E.- Advanced Education Psychology
5. Fontana Davind – Personality and Education.
6. Graves, F .P. – Great Education's of three centuries'.
7. Gardner, D. Bruce – Development of early childhood
8. Hurlock Elizabeth - Child Development.
9. Hurlock Elizabeth – Development Psychology
10. Jill, K.R. – 'Nursery schools for All' Neil 1972.
11. काळे, प्रेमला , - बाल मानसशास्त्र
12. Logan, Lilian - Teaching the young child.
13. Moonc, S. B. and Richard, p. – Teaching in nursery education.
14. योगेद्रजीत भाई - बाल मनोविज्ञान

PAPER – III**TEXTILE, CLOTHING AND FASHION DESIGNING**

| | |
|-------------------------|------------------|
| Time : 3 Hrs for Theory | Full Marks : 100 |
| : 4 Hrs for Practical | Theory : 75 |
| | Practical : 25 |

OBJECTIVES;

1. To understand the importance of textiles and clothing
2. To inspire the students to make various creations from clothing in minimum budget.
3. To get knowledge of different types of design placement, regional Embroidery and costumes
4. To acquaints the students with knowledge of design and its variations.
5. To develop the skill of handicraft, training, production and marketing.
6. To promote entrepreneurship skills among the students.
7. To acquaint the students with latest fashion in clothing construction.

COURSE CONTENT.**Unit-I**

- 1.1 Introduction to Textile and clothing
- 1.2 Yarn-construction-Natural and man-made yarn, Basic Principles, spinning staple fibres, cotton system, classification of yarn, yarn properties.
- 1.3 Fabric construction:- Methods of fabric construction- Felting, knitting, braiding, weaving.

Unit-II

- 2.1 Purpose of processing, Finishing - Definition, classification of finishing.
- 2.2. Chemical and Mechanical process- Fire proof and water proof finish, embossing and sanforizing.
- 2.3 Printing and Dyes- Types of dyes. Block Printing and Tie and Dye.

Unit-III

- 3.1 Regional costume : (male and female) Dhacca Chanderi, Paithani and Pitambar.
- 3.2 Regional Embroidery : Phulkari, Kantha, Karnataki Kashida, Kathiwad and Kutch.

Unit-IV

- 4.1 History of fashion Designing, concept of fashion, Factors influencing fashion, importance and utility of fashion accessories
- 4.2 Types and principles of Design, elements of design, factors affecting Selection of dress design.

- 4.3 Different types of seams, pleats, Tucks, drafting of different types of sleeves, collars, and necklines with sketching.

Unit V

- 5.1 Importance and advantages of computer designing in self-employment.
5.2 New challenges in fashion designing industries.
5.3 Combination of old and new fashion in day to day life.

Practical:

- 1.1 Drafting- Draft details, Lay-out, cutting, stitching and finishing of Punjabi suit (Variation of neck and sleeves.)
1.2 Regional Embroidery- Any one article (Phulkari, Kantha, Karnataki Kashida, Kathiward, Kutch)
1.3 Class Work:- Record book and Preparation of scrap book of high light, varieties of traditional and modern designs of Punjabi-suit.

Distribution of marks for different practicals:

| Practicals Marks | | |
|------------------|--|----------------|
| 1.1 | Stitching garments paper cutting, stitching and finishing | 08 |
| 1.2 | Regional embroidery | 06 |
| 1.3 | Class work 1) Scrap book and Record book 2) Best out of waste | 05 03 |
| 1.4 | Viva | 03 |
| | | ----- |
| | | Total 25 Marks |

Reference Books :-

- 1 Allyn Bans :- Creative clothing Construction.
- 2 Baxamusa Ramdas . M. and k Gupte Girija : Assistance for Women's Development from National Agencies : Popular Prakashan, Bombay.
3. Deulkar Durga. Household Textiles and Laundry Work.
4. Katherene Hess : Textile Fibres and their Use.
5. Nicholas Drake : Fashion Illustration today.
6. Sloane, G : Illustration Fashions.
7. Savitri Pandit : Regional Embroidery
8. Womgate Osabe : Fibre to Fabric.
९. अढाऊ, विमल :- वस्त्रशास्त्र : म.वि.ग्रं. नि. मंडळ, नागपूर.
१०. अढाऊ, विमल :- वस्त्रविज्ञान :- श्रीकांत प्रकाशन , अमरावती.
११. हेगडे, कृ.म. : शास्त्रोक्त शिवणकला, परशुराम प्रोसेस, पुणे.
१२. अँन्कर नीडल्स, एन कोड ,मदुरा कोटस प्रा. लिमीटेड बंगलोर.

१३. नाडकर्णी रामचंद्र : - स्वयंरोजगार मंत्र आणि तत्र , मनोरमा प्रकाशन मुंबई.
१४. पंडीत ह. श. ,उद्योग साधना , महाराष्ट्र उद्योग विकास केंद्र , औरंगाबाद.
१५. पंडीत ह. शं. उद्योजक (मालिका) म.उ.वि. केंद्र , औरंगाबाद.
१६. वाघ सुरेश : उद्योग ज्ञानदिप, महाराष्ट्र उद्योग विकास केंद्र , औरंगाबाद
17. Yadla Vijaya Lakshmi.,Jasnai Sucheta; Home Science, Kalyani Publishers', New Delhi 2002
18. Lewis, W.A.Principles of ECONOMIC Planning.
१९. देशमुज पी. "उद्योजकता विज्ञान संज्ञ-ना आजि व्यवहार"

PAPER – IV

RESEARCH METHODOLOGY AND STATISTICS

| | |
|--------------------------|------------------|
| Time : 3 Hrs. for Theory | Full Marks : 100 |
| | Theory : 75 |
| | Sessional : 25 |

OBJECTIVES :-

To enable the students to :-

- 1) Understand meaning, process, and importance of research in Home-Economics.
- 2) Select problem, tools and methods for conducting research.
- 3) Develop inclination and skill in preparing report as well as project or synopsis
- 4) Apply statistical techniques to research data for analysing and interpreting data meaning fully.

COURSE CONTENT :

Unit-I

- 1.1 Introduction, meaning, concept and definitions of research.
- 1.2 Importance, characteristics and objectives of research, Qualities of a good researcher.
- 1.3 Meaning, functions, types and formulation of hypothesis.

Unit-II

- 2.1 Type of research designs : survey, observation Experimental, Action research
- 2.2 Sampling Techniques : Types of Samples Census and Sample,
- 2.3 Characteristics of good sample.

Unit-III

- 3.1 Tools of research : Interview , Questionnaire and schedule
- 3.2 Scaling Techniques: Reliability and Validity of Scales.
- 3.3 Types of Scales - nominal Ordinal, interval and ratio scales.

Unit-IV :

- 4.1 Scientific Report Writing : Basic preliminaries , Introduction, Statement of Problems, Objectives, Hypothesis, Review, Methodology, Results and Discussion Summary and conclusion, Implications and Bibliography.
- 4.2 Importance of Computer in Research, Characteristics of Computer
- 4.3 Computer Applications, Computer and researcher

Unit-V - Statistics

- 5.1 Measures of Cent'ÉTendency Mean, Median, Mode.
- 5.2 Coefficient of Correlation, Rank of Correlation
- 5.3 Probability, Testing , statistical hypothesis t,f, chi-square tests.

Sessional :

1. Synopsis writing - 25 Marks

References :

- 1 Chandra , A and Saxena , T.P., 1979 Style Manual for writing? Thesis, Dissertations and Papers in Social Science- Metropolitan Book Co. Pvt. Ltd. , New Delhi.
Chandra, P- 1992- Project Preparation, Appraisal, Budgeting and Implementation
Tata Mc Graw Hill, New Delhi.
- 2 Gresswell, J- 1994- Research Disign: Qualitative and Quantitative Approaches- SAGE Publication
- 3 Gavett E- 1977- Statistics in Psychology and Education.
- 4 Gupta, S.C. : Kapoor, V. K. 1994 – Sultan Chand and Sons, Educational Publisher 23, Daryaganj, New Delhi – 110002.
- 5 Ingale, P.O.- 1999 – Scientific Report Writting – Published by Sarala P. Ingle, 65, Bhagwan Nagar, Nagpur.
- 6 Kamath, R and Udipi S- Guide to Thesis Writting.
- 7 Kanji, G.K- 100 Statistical Test- SAGE Publication.
- 8 Kothari, C.R. –1995 Research Methodology Methods and Techniques- Vishwa Prakashan.
- 9 Kamath, R and Udipi , S.A.- 1989- Guide to Thesis Writting S.N.D.T. Womes Unveristy., Santacruz, Bombay-400 049.
- 10 Patton, M. Q. 1980 – Qualitative Evaluation Methods – SAGE Publication.

- 11 Yadla Vijaya Lakshmi.,Jasnai Sucheta; Home Science, Kalyani Publishers', New Delhi 2002
- १२ भांडारजर, पी. एल. - सामाजिज संशोध-ा पद्धती
- १३ जायंदे, पाटील डॉ. जंजाधर वि - "संशोध-ा पद्धती, संशोध-ा सिध्दा-त आजि व्यवहार -सामाजिजशास्त्र संशोध-ा पद्धती -शैजजीज संशोध-ाची मूल तत्वे"
- १४ घाटोळे रा.-ा.- "समाजशास्त्रीय संशोध-ातत्वे व पद्धती" प्रजाशज -श्री.मंजेश प्रजाश-ा, -ाजपूर -१०.
- १५ बोध-ाजर डॉ.सुधीर अलोजी विवेज "संजजजाची मूलतत्वे व चल-ा प्रजाली "- साई-ाथ प्रजाश-ा -ाजपूर
- १६ आजलावे प्रदिप-"संशोध-ा पद्धती शास्त्र व तंत्रे "
१७. आगलावे प्रदीप - 'संशोधन पद्धती शास्त्र व तंत्रे' साईनाथ प्रकाशन, नागपूर. (आवृत्ती -२००८)

SYLLABUS PRESCRIBED FOR
M.A. PART-II (HOME-ECONOMICS) EXAMINATION
(From 2012-2013 Session)

COMPULSORY PAPERS

PAPER-I

CONSUMER ECONOMICS AND MARKETING

| | |
|---------------------------|------------------|
| | FULL MARKS : 100 |
| Time : 3 Hrs. for Theory. | Theory : 75 |
| | Sessional : 25 |

OBJECTIVES :

1. To understand the basic concept of Consumer Economics
2. To make students alert about their consumer rights.
3. Gain knowledge regarding market and Tax.
4. To make the students aware of entrepreneurship.

COURSE CONTENT :

Unit-I

- 1.1 Definition of Economics and nature of economic problems. The scope and subject matter of Economics.
- 1.2 Law of consumption, Marginal and total utility.
- 1.3 Nature and characteristics of human want. Its classification and standard of living of the consumer.
- 1.4 Indifference curve analysis, scale of preference. Characteristics of indifference curve.

Unit-II

- 2.1 Process, Types, Motivating factors of purchase decisions. Social effects of consumer decisions.
- 2.2 Consumer's Demand : Law of demand, elasticity of demand, family budget, factors affecting demand.
- 2.3 Consumer Protection : Needs for protection of a consumer guarantee and warrantee regarding weight measure and quality of goods.
- 2.4 Measures of protection : Standardization : Agmark, ISI, ISO, Hallmark, Labels, brand, trademarks, quality control.

Unit-III

- 3.1 The movement in India and west.
- 3.2 Consumer co-operative movement in India – advantages, disadvantages, progress and scope.

- 3.3 Public utilities and Govt. Services for the consumer, Importance and limitations.
- 3.4 Indian economy – pre and post, globalization – Its impact on consumer.

Unit-IV

- 4.1 Meaning and classification of the Market.
- 4.2 Market structure : Perfect competition, Imperfect competition.
- 4.3 Channels of distribution : Retail shops, wholesale marketing, chain shop, Departmental stores, Super Market, Co-operative Markets.
- 4.4 Meaning and scope of Share Market, Effects of Share Market on Social and economic status of the consumer.

Unit-V

- 5.1 Object and modes of advertising, Economics of advertising forms of publicity.
- 5.2 Factors affecting price level and fluctuations in price level.
- 5.3 Facility for inspection and selection, guarantee Training in use, phone and mail order.
- 5.4 Meaning and Importance of Tax, Different kinds of Taxes – Income Tax, VAT.

| | | | |
|---------------------|-----|-----------|----------|
| Sessional :- | 1.1 | Seminar - | 10 Marks |
| | 1.2 | Survey - | 15 Marks |
| | | Total - | 25 Marks |

Reference Books :

1. Datt, Raddar and sundharam K.P. Indian Economy
2. Morgan J.N. — Economics.
3. Morgan J.N- - Consumer economics.
4. Mithani D.M.– Micro Economics
5. Oppenheim — The family as consumer.
6. Philips E.B. — Consumer economics Problems.
7. Trolstrup A.W. Consumer problems and personal finance.
8. Willielms and Heamer :- Consumer economics :- Principal and problem.
9. ज़ाहज़ पंचायतीचे ज़ैमासिज -ज़ाहज़ -व-गीत
१०. जोशी आजि पळ्जीज़-र- विपज-1, जाहिरात व विज़-यज ला
११. पेंढारज़र वि-नायज - व्यवसाय नियामज ज़ायदे

- १२ सो-गारीजर सु-ांदा - उपभोक्ता जाहज अर्थशास्त्र
 १३ झामरे जी.ए-।. स्थूल अर्थशास्त्र
 १४ झामरे जी.ए-।. सुज्म अर्थशास्त्र

PAPER - II**FOODSCIENCEAND FOODSERVICE MANAGEMENT**

| | | |
|--------------------|------------|-------|
| | Full Marks | : 100 |
| Theory - 3 Hrs. | Theory | : 75 |
| Sessional - 4 Hrs. | Practical | : 25 |

OBJECTIVES :

1. To understand the role of nutritionist and dietitian.
2. To acquire ability to plan and prepare diets for diseases..
3. To understand the role of food and nutrients in body.
4. To gain training in nutrition counselling and educating patients.
5. Know the Physical and Chemical principles underlying food preparation.
6. To get knowledge of food service management and develop vision in becoming entrepreneurs.
7. To make the students aware of the medicinal value of foods.
8. To enable the students to achieve self-employment through the marketing of food products.
9. To promote entrepreneurship skills among the students.
10. To inspire the students to make various nutritious food within budget.

COURSE CONTENT :**Unit-I**

- 1.1 Meaning, concept, definition of food.
- 1.2 Relation of food to health, digestion of food.
- 1.3 Assessment of Health and Nutritional status of the community, Socio-economic demographic dietary survey, anthropometry, clinical and biochemical evaluation.

Unit-II

- 2.1 Meaning, concept, definition of therapeutic diets.
- 2.2 Types of feeding (oral, tube, parental and intravenous) Pre-operative and Post-operative diets. Role of nutritionist/dietitian. Process of nutrition counselling, education of patient.
- 2.3 Function of Kidney, Heart and Liver, Symptoms and dietary treatment – Hepatitis-B, Nephritis, Altherosclerosis.

Unit-III

- 3.1 Sugar cookery-stages of sugar cookery, Factors affecting crystallization, fondants, fudge. Starch cookery-uses of starch in cookery. Protein cookery – Milk, Grams and Dals, Eggs, Meat, Fats and Oils, vegetables and fruits effect of heat and uses in cookery.

Unit-IV

- 4.1 Food adjuncts, emulsifiers, antioxidants, chemical and biochemical leavening agents.
- 4.2 Microbiology of food, fruits, vegetables, milk and water.
- 4.3 Medicinal role of various food for maintaining sound Health. (Carrot, Turmeric, Garlic, Til, Fenugreek, Bottle ground, Dates, Jaggery, Coriander, Coconut, Shahala).

Unit-V

- 5.1 Types of food service :
School hospital and commercial formal and informal. Indian and Western techniques of serving menus. Table service, Delivery and service of food in different systems.
- 5.2 Standardization of recipes :
Organization for large quantity food production calculation of food costs and portion control.
- 5.3 Sensory Evaluation of food.

:: Special Note ::**Practical and Projects :**

- 1.1 Sugar, Cereal and Pulse Cookery - Preparation, labeling and cost competition, marketing and presentation.
- 1.2 Planning and preparation of diets in Nephritis, Hepatitis-B, Altherosclerosis. Calculating nutritive value.
- 1.3 Diet survey of adolescent Girl or old age women.

Distribution of Marks

| Practicals | Marks |
|---------------|-------|
| 1.1 | 10 |
| 1.2 | 06 |
| 1.3 | 06 |
| Record Book : | 03 |
| <hr/> | |
| TOTAL | 25 |

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- 1 Akhauri, M.M.P. (1990) Entrepreneurship for women in India NIESBUD, New Delhi
- 2 Anita F. P. (1991) Clinical Nutrition and Dietetics, Oxford University Press Bombay
- 3 Bamji M. Et al (1996) Text Book of Human Nutrition IB Publishing Co, New Delhi.
- 4 Deoskan A and Lele S (1982) Dietary Guidelines for Indians A Mamal of NIN Hyderabad
- 5 Gangadharrao, M (1992) Entrepreneurship and Entrepreneur Development, Publishing House, Kaniskha, New Delhi
- 6 Gopalan C et at (1990) Nutritive Value of Indian Foods : NIN Hyderabad
- 7 John U (1985) Indian Woman in Business, Indian and Foreign Review 18 (4) Dec. 1985
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- 9 Koteschevar, I. M. Standard (1974) Principles and Techniques in Quality Food Production. Cohran Book International.
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- 13 Rajalaxmi R. (1974) Applied Nutrition Oxford and IBH Publishing Co. Ltd.
- 14 Robinson C. H. Weighey E.S. (1996) Basic Nutrition and Diet Therapy, MacMillan Publishing Co. New York
- 15 Sharma R (1999) Diet Management BI Churchil livingstone Pvt. Ltd. New Delhi.
- 16 Sarawate, D (1982) A Practical Guide Bool to Market Research Text and Cases Kirloskar Press
- 17 Swaminathan M. S. Advanced Text Book on Food and Nutrition.
- 19 West B. B. et al (1977) Food Service in Institution, John Wiley and Sons
- २० डॉ. प्रजाश परांजपे (१९९४) बहुजुजी व-स्पती, दामोदर जु लज्जी श्री विद्या प्रजाश-१ २५०, शनिवार पेठ, पुजे ३०
- २९ डॉ. प्रजाश परांजपे, स्मिता परांजपे, सौंदर्यासाठी आयुर्वेद, उपेद्र दामोदर जु लज्जी श्री विद्या प्रजाश-१ २५०, शनिवार पेठ, पुजे ३०

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- २३ डॉ. एस. डी. जोपरजर आयुर्वेदाचार्य विविध आजार आजि आयुर्वेदिज औषधोपचार प्रजाश-१ - अभिरुची बुज एज-सी, दजिज जसबा, सोलापूर, महाराष्ट्र
- २४ माधव चौधरी - आहार हेच औषध, ध-लाल ब्रदर्स डिस्ट्रीब्युटर्स ६०, प्रि-सेस स्ट्रीट, मुंबई ४००००२
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- 28 Mudambi S.R. ; Rajgopal M.V. (1980); Fundamentals of foods and Nutrition 3rd Edition, Wiley Eastern limited N. Delhi.
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35. Sethi Mohinee and Surjeet Malhar, Catering Management – An Integrated approach, New Age Publication P. Limited.
36. Acharya Payal Combating Childhood obesity.
37. Pasricha Swaraj, Dietary tips for elderly, NIN ICMR Publication Hyderabad.
38. सोह-नी जमला, , आहार जाथा, आहार व आरोग्य विचार, रोह-१ प्रजाश-१.
39. धुरू वसुमती, मध्यम वय सावध आहार, मॅजेस्टीज प्रजाश-१.
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45. Thapar R.S. – Our food - Atmaram R. Sons Publication. N. Delhi.
46. Sabalwal Bhawana Nutrition & Clinical Care Commonwealth Publication, N.Delhi.

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1. World Health Organization Bulletin, WHO House Indraprastha Marg, N. Delhi.
2. The Indian Journal of Nutrition & Dietitis Avinashlingam University for women, Coimbtore.
3. Nutrition NIN Publication Hyderabad.
4. Research Reach Journal of Home-Science – Nirmala Niketan Institute, New Marine Lines Mumbai.
5. Technical Reports Series and Monograph of ICMR.
6. Research Port – Social Science and Commerce Research Forum, Amravati.

PAPER - III

EXTENTION EDUCATION AND COMUNICATION

| | | | |
|-------------------------|------------|---|-----|
| Time : 3 Hrs for Theory | Full Marks | : | 100 |
| | Theory | : | 75 |
| | Sessional | : | 25 |

OBJECTIVES :-

1. To make students aware of the problems of the rural community and development programmes in operation.
2. To understand the principles and techniques of extension.
3. to understand the changing concept of extension.
4. to develop awareness regarding population problems.
5. understand the role of communication in extension.

COURSE CONTENT :

Unit-I

- 1.1 Definition, Need and scope of extension education.
- 1.2 Objectives of extension education.
- 1.3 Principles of extension education.
- 1.4 Characteristics of extension education.

Unit-II

- 2.1 Different methods of extension education
- 2.2 The Role of Home Economics in community development.
- 2.3 The Role, Functions and contribution of Gram Sevika, Mahila Mandal, Youth Clubs towards the extension education.
- 2.4 Role of Voluntary agencies in rural development.

Unit-III

- 3.1 Significance of appropriate technology.
- 3.2 Need of appropriate technology for women.
- 3.3 Appropriate technology used in rural area such as – Solar Water Heater and Solar Cooker, Water Filter.
- 3.4 Appropriate technology used in rural area such as – vermi compost and post harvest technology.

Unit-IV

- 4.1 Need and objectives of population education.
- 4.2 Remedies for solving population problems.
- 4.3 National Programme for the Welfare of Children, Youth and Women.
- 4.4 I.C.D.S., TRYSEM, DWACRA and IRDP.

Unit-V

- 5.1 Meaning and definition of communication process.
- 5.2 Goals, objectives and functions of communication.
- 5.3 Characteristics of communication.
- 5.4 Need and Role of communication Process in extension work.

Sessional Marks on :

| | | |
|---|---|----------|
| A. Seminar on Related Topic | - | 10 Marks |
| B. Visit to sites related to extension work | - | 10 Marks |
| C. Report Writing on Visit | - | 05 Marks |

| | | |
|--|--|----------|
| | | TOTAL |
| | | 25 Marks |

Reference Books :-

1. बंसल डॉ. शैल प्रसार शिजा शिवा प्रजाश-1, श्री जजेश मार्जेट, जजूरी बाजार, इंदौर
2. Chandra,A, Shah.A, Joshi uma, "Fundamental of teaching Home-Science' Sterling Publishers Pvt Ltd.
3. Crow and Crow-'Educational Physhology'
4. Chandra Arvind, 'Introduction to Home-Science'
5. Chandra Arvind, 'Fundamentals of Home-Science'
6. Devdas, R.P- 'Methods of teaching Home-Science'
7. Devdas,R.P- 'Text Book of Home Science'
8. Dharm,O.P, Bhatnagar, O.P 'Education and communication for development'
- 10 दुबे विरेंद्रजुमार आजि सुजविंदर सिंह भारत मे प्रसार शिजा हरियाजा साहित्य आजादमी चंदीजड
१०. फरजाडे त्रिवेजी, जोजे सुलभा जृहविज्ञा-1 विस्तार
11. Govt of India - 'Community Development'
12. Govt of India - 'Science and Technology of India'
- 13 Garkar - 'Adult Education'
- १४ जाधव रं. रा. तृषि विस्तार शिजज पद्धती
- 15 Lyle and Maner 'Extension Education'
- १६ पाट-नी आजि ठाजूर यु. एस. जृहविज्ञा-1 प्रसार शिजा, शिवा प्रजाश-1 इंदौर
- 17 Spafferd I 'Fundamentals of Teaching Home-Economics'
- 18 Supe,S.V.' Introduction to Extension'
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- २० सिंह जयपाल प्रसार शिजा एवम् जामिज विज्ञास एस. ए-1. एफ. पब्लीजेश-1, लोहमंडी आज्रा
- 21 Reddy, Adivi 'Extension Education'
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PAPER - IV**MARRIAGE AND FAMILY RELATIONSHIP**

Time : 3 Hrs for Theory

Full Marks : 100

Theory : 75

Sessional : 25

OBJECTIVES :-

To enable the students to –

1. To know various stages of family life cycle with their development task.
2. To see the family as a Primary Social institution and its role in the all round development of the individuals within the family.
3. To acquaint the students with values and goals for achieving a satisfying and useful personal and home life.
4. Introduction to Hindu Marriage Act and Dowry Act.

COURSE CONTENT :**Unit-I**

- 1.1 Definitions, concept and Types of marriage.
- 1.2 Readiness for marriage, choice of life partner on medical ground, factors affecting marital relationship, Marital success.
- 1.3 Husband and wife relationship, In laws relationship.

Unit-II

- 2.1 Marriage Counseling – Need of marriage, counselling process.
- 2.2 Hindu Marriage Act 1955, Woman Foeticide, PNDA Act.
- 2.3 Divorce and Divorce Act, Dowry system and Act, DVA (Domestic Violence Act.)

Unit-III

- 3.1 Function and types of family
- 3.2 Family life cycle tasks.
 - 3.2.1 The beginning family
 - 3.2.2 The Child bearing family
 - 3.2.3 The family with pre school children
 - 3.2.4 The family with teenagers.

Unit-IV

- 4.1 Early Adulthood – Characteristics, Developmental tasks, physical changes.
- 4.2 The family in the middle age – Characteristics, Developmental tasks, physical changes.
- 4.3 Old age – concept, characteristics, Developmental tasks.

Unit-V

- 5.1 Concept and significance of mental hygiene, objectives of mental hygiene.
- 5.2 The problem and causes of mental ill health, value of prevention of mental ill health in childhood.
- 5.3 Different problems of working women, unmarried women, Remarriage women

Sessional Marks on :

| | | |
|--|---|-----------------|
| a) Seminar | - | 10 Marks |
| b) Case studies or survey of current issues in family relationship | - | 15 Marks |
| TOTAL | | 25 Marks |

Reference Books :

1. Bogardus : Sociology
2. Elizabeth Hurlock; Development Psychology.
3. Landis and Landis; Personal Adjustment, Marriage and family living.
4. Lestar D. Crow : Psychology of Human Adjustment
5. Stinnett and Walters: Relationship in Marriage and Family.
६. फरजाडे त्रिवेजी आजि जोजे सुलभा : विवाह आजि जौटुंबिज संबंध, विद्या प्रजाश-1, रुईजर रोड, -ाजपूर
७. शेंडे सुनिता : विवाह आजि जौटुंबिज संबंध : श्री जजा-1-1 प्रजाश-1 अमरावती

Paper-V**HOUSING AND HOME MANAGEMENT**

Time : 3 Hrs. for Theory

Full Marks : 100

Theory : 75

Sessional : 25

OBJECTIVES :

To enable students to :-

1. Recognise the family's need in relation to housing responsibilities in relation to housing.
2. Acquire basic knowledge of principles involved in planning residential buildings.
3. To learn simple techniques of scale drawings of residential building.
4. To provide knowledge of the principles and methods of creating attractive interiors.

Unit-I

- 1.1 Concept of housing
- 1.2 Changes in housing needs and standard.
- 1.3 Housing values and goals at the present time.
- 1.4 Factors affecting housing in India.

Unit-II

- 2.1 Cost of Housing, control and Economy of cost of Housing.
- 2.2 Availability and choice of building Materials.
- 2.3 Financial Management in Housing, Availability of Fund for Housing.

Unit-III

- 3.1 Responsibilities of owner and renter, Maintenance. and legal obligation.
- 3.2 Merits and demerits of home-ownership and renting.
- 3.3 House planning for better home management.

Unit-IV

- 4.1 Flooring, Plastering, Roof & Ceiling.
- 4.1 House drainage – Drainage of kitchen water, Drainage of insanitary water.
- 4.3 Direct and Indirect lighting, Types of wiring, Functional lighting.
- 4.4 Open space around the house. Planning of open space – kitchen garden, pavement, lawn garden etc., games and recreation.

Unit-V

- 5.1 Sitting and lying down, storage – kitchen, linen tools, stationary, work surface, Build in furniture.

- 5.2 Furniture covering, Drapery, Floor covering, Wall hangings upholstery covering.
- 5.3 Criteria for judging functions and aesthetic characteristics of Home Furnishing :-
Art principles, standards of living, Pattern of living.

Sessional Marks on :-

| | | | |
|-----|----------|---|----------|
| 1.1 | Survey | - | 15 Marks |
| 1.2 | Seminars | - | 10 Marks |

TOTAL 25 Marks

Reference :

- 1 L.D. Goptlief : Environment and Design and Housing.
- 2 Anna Hong Rutt : Home Furnishing
- 3 Ruth Morton : The Home and its Furnishing
- 4 Whitley Clerk Huntington : Building Construction.
- 5 R.S. Deshpande : Modern ideal Homes for India.
- 6 Golste in and Golste in : Art Every Day Life.

**Paper-VI
DISSERTATION**

| | |
|----------------|----------|
| Full Marks : | 100 |
| Dissertation : | 75 Marks |
| Viva - Voce : | 25 Marks |

Prospectus No. 0131814
M.A. (HOME ECONOMICS)

INDEX

| Sr. No. | Subject | Page Nos. |
|---------------------|---|-----------|
| 1. | Special Note for Information of the students | 1 to 2 |
| 2. | Ordinance No. 36 | 3 to 13 |
| 3. | List of Papers | 14 to 15 |
| M.A. Part-I | | |
| 4. | Paper-I Family Resource Management | 15 to 16 |
| 5. | Paper-II Human Development | 17 to 18 |
| 6. | Paper-III Textile Cloting & Fashion Designing | 19 to 21 |
| 7. | Paper-IV Research Methodology & Computer Application in Home Economics | 21 to 23 |
| M.A. Part-II | | |
| 8. | Paper- I Consumer Economics & Marketing | 24 to 26 |
| 9. | Paper- II Food Science & Food Service Management | 26 to 30 |
| 10. | Paper- III Extension, Education and Communication | 30 to 32 |
| 11. | Paper- IV Marriage and Family Relationship | 33 to 34 |
| 12. | Paper - V Housing & Home Management | 35 to 36 |
| 13. | Paper - VI DISSERTATION | 36 |