Syllabus (Semester Pattern) –

Part-I Semester I Paper - I Fundamentals of Psychology

Credit 04 (Marks 100) (80+20)

Unit- I Introduction to Psychology

- A) **Definition and goals of Psychology, schools of Psychology:** Psychodynamic, behaviorism, humanistic, cognitive. Methods of Psychology-Experimental, Observation, survey, correlational and clinical method.
- B) Biological bases of behavior: Function and structure of neuron, spinal cord and brain. Autonomic nervous system

Unit- II Learning and Memory

- A) Learning: Definition, Types of learning, Methods of learning: imitation, Classical and instrumental conditioning, trial and error, insight learning
- **B)** Memory: Definition, stages of memory, sensory memory, short-term memory and long-term memory. Methods to measure retention, techniques to improve memory

Unit III Motivation and Emotion

- A) Motivation: Definition, Motivational cycle, types of motives: Physiological, Psychological, Social motives. Hierarchy of motives
- B) Emotions: Definition, characteristics, physiological changes in emotion, role of limbic system. Theories of emotion- James-Lange, Cannon-Bard, Schacter-Singer theory.
- C) Coping Machanism

Unit- IV Intelligence and Personality

- *A)* **Intelligence**: Definition, types, the concept of IQ, distribution of IQ, types of intelligence, measurement, Theories of intelligence-Binet, Spearman, Thurstone, and Guilford.
- **B)** Personality: Nature, definition, Personality measurement, Trait and type approach. Determinants of personality: heredity and environment

Unit-V Branches of Psychology

- 1) Relationship with other sciences
- 2) Social Psychology, Health, Edu., Industrial Psychology.

Books:

- 1) Myers, D. G. (2013): Psychology, McMillan, New Delhi.
- 2) Ciccarelli, S. and Mayer (2008): Psychology, Pearson-Longman South Asia Edition.
- 3) Baron and Misra (2016):Psychology (5thed.) Pearson, New Delhi.
- 4) Passer, M. W. and Smith, R. E. (2007): Psychology: The Science of Mind and Behavior; Tata McGrawHill, New Delhi.
- 5) Thompson Wadsworth. Introduction to Psychology, Gateways to Mind and Behavior. Singapore.
- 6) ʺɺÉ®äú±ÉÒ +ÉÊhÉ 'ÉäªÉ®ú(2008) : +'ÉÞiÉÉ +ÉäEò, ¶ÉÉä¦ÉxÉÉ +¦ªÉÆEò®ú +ÉÊhÉ Ê¶É±ÉÉ MÉÉä³ÃýÉÊ'ɱÉEò®ú) 'ÉÉxɺɶÉɺjÉ: Ê{ɪÉ®úºÉxÉnùÊlÉhÉ +ÉʶɪÉÉ +É'ÉÞiÉÒ.
- 7) ÊxɶÉÉ "ÉÆÖvÉb÷É +ÉÊhÉ ¶ÉʶÉEòÉÆiÉJɱÉÉxÉä (2013) "ÉÉxɺɶÉɺjÉÉSÉÒ "ÉÖ±ÉiÉi′Éä : +lÉ′ÉÇ |ÉEòɶÉxÉ,
- 8) ʽþ®ά′Eä +ÉÊhÉiÉb÷ºÉ®äú (2006) : ºÉɨÉÉxªÉ ¨ÉÉxɺɶÉɺjÉ, ¡òb÷Eäò |ÉEòɶÉxÉ, EòÉä±½þÉ{ÉÚ®ú.

- 9) <ÇxÉÉ ÉnùÉ®ú, MÉÉbä÷Eò®ú +ÉÊhÉ {ÉÉ]õÒ±É (2006) : +ÉvÉÖÊxÉEò ºÉÉ ÉÉxªÉ 'ÉÉxɺɶÉɺjÉ, b÷ɪÉ ÉÆb÷ |ÉEòɶÉxÉ, {ÉÖhÉä.
- 10) {ÉÆÊb÷iÉ, EÖò³ýEòhÉÔ +ÉÊhÉMÉÉä®äú (1999) :ºÉÉ⁻ÉÉxªÉ ⁻ÉÉxɺɶÉɺjÉ, Ë{É{É®úɳäý÷ |ÉEòɶÉxÉ, xÉÉMÉ{ÉÚ®ú.
- 11) ¤Éb÷MÉÖVÉ®ú, ¤ÉSUôÉ'É +ÉÊhÉ˶Énäù (2006) :ºÉÉ'ÉÉxªÉ 'ÉÉxɺɶÉɺjÉ, Ê'ÉtÉ |ÉEòɶÉxÉ, +Éè®ÆúMÉɤÉÉnù.
- **12**) {ÉÉνªÉä ½þÒ.ΒºÉ.(2015) : +ÉνÉÖÊxÉEδºÉÉ ÉÉxªÉ ÉÉxɺɶÉɺjÉ, ÊÉtÉ |ÉEδɶÉxÉ, +Éè®ÆúMÉɤÉÉnù.
- 13) ¤ÉÉä°übä÷ +É®ú.+É®ú. (2002) ¤ÉÉävÉÊxÉEò ¨ÉÉxɺɶÉɺjÉ, UôɪÉÉ |ÉEòɶÉxÉ, +Éè®ÆúMÉɤÉÉnù.
- 14) ËxɤÉɳýEò®ú, Eäò.{ÉÒ.. (2016) : "ÉÉxɺɶÉɺjÉÒªÉ |ɪÉÉäMÉ +ÉÊhÉ {ÉÊ®úlÉhÉ,
 ºÉɪÉEòÉä ºEìòxÉ, 'ÉvÉÉÇ.
- 15) näù¶É ÉÖJÉ, BxÉ.BSÉ. (2007) : +¦ªÉɺÉ úÖî¿Ö»μÉ, Έänù ÉÖpùÉ |ÉEòɶÉxÉ, + É®úÉ′ÉiÉÒ

Semester I Paper II Human Development & Family Relationships

Credit-04 (Marks 100) (80+20)

Unit I Introduction to Human Development

Concept of human development, Growth and Development, Biological Perspectives,

: Psychoanalytic Theories: Cognitive, Learning and Intelligence Theories,: Humanistic, Ethological and Contextual Theories

Methods of Studying Development, role of nature and nurture in development Methods of Studying Development, role of nature and nurture in development Prenatal Development: Genetics, stages, characteristics and hazards of prenatal development

Infancy: Physical, emotional, major development and hazards in infancy.

Unit- II Childhood & Adolescence

Early and late childhood: characteristics, physical, social, cognitive and moral Development and hazards

Schooling and Development. Problems in Childhood, ADHD, Autism, learning disabilities.

Stages of adolescence: characteristics, physical and cognitive Changes, social, moral and self development.

Challenges and issues in adolescent development, Role of Parenting

Unit-III Adulthood and Aging

Early adulthood: characteristics and development, vocational adjustments, and family life

cycle, problems in it.

Middle adulthood: characteristics and development, midlife crisis and adjustments.

Late adulthood: characteristics, physical changes, problems and adjustments

Challenges and Issues in aging Process

Unit IV: The Family: Theoretical Perspectives

: Diversity in Family Form,: Family Dynamics: Mapping Family Relationships: Family Theories-,

Unit V: Family Life Cycle Stages -

- : Family Life Cycle
- : Marriage and the Beginning
- : Child Bearing Families
- : Families with Elementary and Middle School Children
- : Families with Teenagers
- : Families with Middle-aged Parents and Ageing Family Members

Books:-

- 1. Berk L. C.: Child Development (1996) 5th edition prentice hall of India PVT. Ltd.
- 2. Hurlock E. B.: "Developmental Psychology (1999) 6th edition TMH, New Delhi
- 3. Lahey B. B. (1998) Psychology, 6th edition TMH, New Delhi
- 4. Mussen Conger: Child Development.
- 5. Papalia D. E.: Human Development (2004) 9th edition TMH, New Delhi

Sem-I, Paper-III

Psycho diagnostics

Credit-04 (Marks 100) (80+20)

Unit I The Evolution of clinical psychology and contemporary clinical Psychology:-

- Defining the nature and scope of clinical psychology
- Mental health professions
- A brief History of clinical psychology
- Activities of clinical psychologists
- Employment Settings
- The two pillars of clinical psychology: Science and ethics
- Training in clinical psychology
- Licensure in clinical psychology

Unit II Assessment: Interviewing and Observation

- Ethical issues: Limits of confidentiality
- Unstructured Assessment interviews
- Structured Diagnostic Interviews
- General Issues in Interviewing
- Observations

Unit III Assessment: Intellectual and cognitive measures

- Defining Intelligence
- Theories of Intelligence
- Assessing Intelligence: The Clinical context

Unit IV Assessment: Self – Report and Projective measures

- Self Presentation biases
- Developing Culturally appropriate measures
- Projective measures of Personality

Unit V: Clinical Assessment

- 1) Introduction to Psychological Testing, Principles, Uses and classification.
- 2) Relation and administration of Tests
- 3) Personality testing
- 4) Aptitude test
- 5) Diagnostic psychological testing

Sem-I, Paper-IV

Fundamentals of Counseling & Fields of Counseling

Credit-04 (Marks 100) (80+20)

Unit I: Introduction to Counseling and Family Therapy

- 1 : Counseling: Meaning, Scope and Applicability, Issues and Concerns
- 2: Family Therapy: Meaning, Scope and Applicability
- 3 :: Family Theories in Practice

Unit II: Schools of Family Therapy & Modelities of Counseling

- > : Systemic Family Therapy
- > : Solution Focused and Strategic Family Therapy
- > : Structural Family Therapy
- : Cognitive Behavioral Family Therapy
- > : Integrated Approach to Family Therapy
- > : Family Interviewing
- > : Crisis Intervention
- > : Supportive Counseling
- > : Psycho-education Unit
- ➤ : Social Skills Therapy

Unit III:- EDUCATIONAL COUNSELING

- 1: Issues and Concerns in Counseling and Family Therapy
- 2: Emotional and Behavioral Problems

- 3: School Difficulties
- 4 : Child/Adolescent with Disability
- 5 : Parent Management Training
- 6 : Dealing with victims of child sexual abuse

Unit IV: HEALTH COUNSELING

- > : Working with Chronic Illness
- ➤ : Dealing with HIV/AIDS
- > : Dealing with Substance Abuse Unit
- > Dealing with cardiovascular diseases
- > : Dealing with Deliberate Self Harm

Unit V:- INDUSTRIAL COUNSELING

- Organizational Behavior,
- ➤ Role boundaries-role insufficiency- role overload,
- Occupational Stress,
- ➤ Labor –management crisis,
- Psychological & mental health problems,
- > Absenteeism,
- > Job performance,
- Maladjustment,

Semester-II Paper-V Abnormal Psychology

Credit-04 (Marks 100) (80+20)

Objectives:

- 1) To promote and enhance academic interest among the students about Psychological illness and mental health.
- 2) To enable the students to develop the skills so as to become a good psychology Practitioner.
- 3) To act as a platform for awareness of mental illness and mental health in the surrounding area.
- **Unit I:** Definitions of abnormal behavior, Difference between normal and abnormal behavior, The DSM classification of abnormal behavior, Biological, psychological and sociocultural perspectives of abnormal behavior. Relationship between abnormal Psychology & Counseling.
- **Unit II:** Causes and risk factors in abnormal behavior: Necessary, sufficient and contributory factors. Biological, psychosocial and sociocultural factors of abnormal behavior
- **Unit III:** Health problems and behavior. Psychological factors in health and disease. Stress and the stress response, biological cost of stress, stress and the immune system. The link between the brain and the immune system.
- **Unit IV:** Lifestyle factors in health and illness. Psychosometic disorders and somatic Form disorder

Unit V: Anxiety based disorders: Generalized anxiety disorder, phobic disorders, obsessive compulsive disorder, panic disorder with and without agoraphobia.

Stress and adjustment disorders, Post Traumatic Stress Disorder.

Books

Alloy, L. B.; Riskind, J. H. and Manos, M. J. (2006). Abnormal Psychology: Current Perspectives, 9th ed. Tata McGraw Hill, New Delhi.

Barlow, D. H. and Durand, V. M. (2007). Abnormal Psychology: An Integrative Approach, 4th ed. Thompson (India Edition).

Carson, C. C.; Butcher, J. N. and Mineka, S. (2004). Abnormal Psychology and Modern Life, 11th ed. Pearson, New Delhi.

Carson, C. C.; Butcher, J. N.; Mineka, S. and Hooley, J. M. (2011). Abnormal Psychology, 13th ed. Pearson, New Delhi.

Sarason, I. G. and Sarason B. R. (2002). Abnormal Psychology, 10th ed. Prentice Hall, New Delhi.

Sarason, I. G. and Sarason B. R. (2006). Abnormal Psychology: The Problem of Maladaptive Behavior, 11th ed. Prentice Hall, New Delhi.

Susan Nulen-Hoeksema (2005). Abnormal Psychology, 3rd ed. Tata McGraw Hill, New Delhi

Rajhansa, Manasi; Patil, Anagha and Surve, Sushil (2004). Apsamanayche Manasshastra, Unmesh Prakashan, Pune.

Akolkar, V. V. (1995). Manovikruti Vidnyan, Nirali Prakashan.

Gadgil, Kalyani (2008). Schizophrenia: Ek Navi Janiv, 2nd ed. Continental prakashan, Pune.

Semester II: Paper-VI

Psychotherapy I:

Credit-04 (Marks 100) (80+20)

1.Introduction to psychotherapy:

- 1.1 Nature and definition of Psychotherapies
- 1.2 The counsellor as a therapeutic person (Personal characteristics of effective counselor)
- 1.3 He counsellors values and therapeutic process
- 1.4 Ethical issues and counseling practices.

2. Psychoanalytic Therapies: Classical and Modern

- 2.1 View of human nature
- 2.2 Key concepts: Structure of personality, Consciousness and the unconscious, Ego-defence mechanism, Anxiety.
- 2.3 Development of personality
- 2.4 Erikson's Psychological perspective & Jung's perspective on the Development of Personality.

3.Behaviour Therapies:

- 3.1 Historical background and four areas of development
- 3.2 Key concepts: View of human nature, basic characteristics and assumptions
- 3.3 The therapeutic process: therapeutic goals, therapist's function and role
- 3.4 Introduction to operant conditioning therapy techniques

4. Cognitive, Humanistic and Existential Therapies

- 4.1 Cognitive Therapies: Key concepts of REBT, Mindfulness and REBT, Beck's Cognitive Therapy.
- 4.2 Rogers client entered therapy

- 4.3 Gestalt therapy
- 4.4 Logo therapy and Reality therapy

5. Multimodal and Eastern Therapies, T.A

- 5.1 Lazarus Multimodal Therapy: BASIC. I.D.
- 5.2 Eastern Therapies: Vipassana and Zen Buddhism
- 5.3 Islam and Sufizm
- 5.4 Yoga Therapy

Paper-III (Sem-II)

Vocational Guidance and Counseling

Credit-04 (Marks 100) (80+20)

Objectives:-

At the end of the course the participants will be able to:

- Recognize differences among students
- Identify educational problems of students at different stages
- Administer and interpret different types of tests
- Help students with learning difficulties and social/emotional problems.

Unit I:- MANAGING THE GUIDANCE SERVICE

- 1.1 Setting uo of an Educational Cell/Unit
- 1.2 Monitoring and Evaluation of a comprehensive Guidance Programme in Educational Settings.
- 1.3 Networking with Community Agencies.

Unit II:- VOCATIONAL GUIDANCE AND COUNSELING

- 2.1 The nature of Vocational Guidance
- 2.2 The need for Vocational Guidance
 - The Socio-economic and Cultural Context
- 2.3 The Concept of Vocational Development and factor contributing to Vocational Development.
- 2.4 Theories of Vocational Development

- Donald Super's Self-actualization
- Ginsberg's Occupational Choice.

Unit III:- THE PURPOSE OF VOCATIONAL COUNSELING

- 3.1 Job analysis and job satisfaction
- 3.2 Occupational Information
- 3.3 Sources of occupational Information
- 3.4 Classification and Dissemination

Unit IV:- PREPARATION FOR THE WORLD OF WORK

- 4.1 Discovering Individual Abilities/Interests
- 4.2 Studying Occupations and Job Requirements
- 4.3 Training for interviews
- 4.4 The Psychology of Entrepreneurship

Unit V:- HUMAN RESOURSES

- 5.1 Hiring, Motivating & maintaining People
- 5.2 Human Resource planning, design.
- 5.3 Recruitment & Selection, Job analysis.
- 5.4 Counseling employee.

Sem-II, Paper-VIII

Counseling Skills & Practices:

Credit-04 (Marks 100) (80+20)

<u>Unit-I:-</u> Definition of Counseling –Introduction

- Difference between Guidance & Counseling & Therapy
- Phrases of Counseling
- Ethics-Ensuring Autonomy
- Confidentiality & Record Keeping
- Proff. Berebries, legal responsibilities

Unit-II:- Skills attending vehabes interacting skills (characteristics, Types Tech.)

- Observational skills
- Reflective lisining
- Giving information
- Waring with resistance

Unit III: Application of core counseling skill

- Type of counseling, Stages of counseling
- Difference between guidance, counseling and therapies
- case history
- Working with other professionals

Unit IV: Crisis counseling

- Problem solving
- Relaxation techniques
- Behavioral activities
- Cognitive restructuring

Unit V: Life coming skills

Self-Awareness, Empathy, decision making, Creative thinking, Critical thinking, Problem solving, Interpersonal relationship, Goal setting, Coping with Stress, Coping with emotions.

Plan of Examination:

- i) Semester wise Internal Examination will be conducted by the Department of Lifelong Learning & Extension, Sant Gadge Baba Amravati University Amravati at the Department level.
- **ii)** Semester wise Final Examination will be conducted by the Sant Gadge Baba Amravati University in collaboration with Examination section as per University rule, at University level

iii) Curriculum and Marks / credits

Semester 1

Paper		Max. Marks	Credits
I	Fundamentals of Psychology	80+20=100	04
II	Human Development	80+20=100	04
III	Psycho diagnostics	80+20=100	04
IV	Fundamentals of Counseling & Fields of Counseling	80+20=100	04
	Practical (I) (Based on Theory)	80+20 (Int.	04
		Viva)=100	

Semester 11

Paper		Max. Marks	Credits
V	Abnormal Psychology I	80+20=100	04
VI	Psychotherapy –I	80+20=100	04
VII	Vocational Guidance & Counseling	80+20=100	04
VIII	Counseling Skills & Practices	80+20=100	04
	Practical (II) (Based on Theory)	80+20 (Int.	04

	Viva)=100	
Block Placement (Internship)		

For Internal 20 Marks of each Theory Paper distribution of Marks will be as Under-

Attendance 05 Marks, Unit Test/Assignment 05 Marks, Subject related any Innovative activity/ Project 10 marks

SANT GADGE BABA AMRAVATI UNIVERSITY, AMRAVATI SEMESTER SYSTEM SYLLABUS FOR

Diploma in Counseling and Psychotherapy and M.A. in Counseling and Psychotherapy SEMESTER I and II
With effect from 2017-2018

General Instruction

 The examination in Diploma in Counseling and Psychotherapy and M.A. in Counseling and Psychotherapy, each semester will have 4 theory papers and 1 practical. Each theory paper and practical will

^{*}Internship of 150 Hrs. at the end of Sem-II- candidate has to complete internship successfully only then mark sheet of semester II and Diploma Certificate will be issued & he can get admission in M.A. Sem-III.

have maximum 80 marks and 20 marks for internal assessment.

Minimum passing marks in each paper will be 40%

• There will be 4 theory periods for each paper and 4 periods for

practical in a week, per batch of 10 students. Total 20 clock hours

teaching per batch in a week.

• Student will be allowed to appear in the practical examination with

duly certified and completed practical record book signed by the

concerned teacher and Head of the department.

• Student will not get admission in Semester III unless he clears the

Practical Examination of Semester I & II and successfully

completes the Internship Programme.

• Besides the Rules and regulations mentioned here, the rules and

regulations of MA Courses of SGBAU will be applicable to this

Course with necessary changes.

Pattern of Examination
Diploma in Counseling and Psychotherapy and
for M.A. in Counseling and Psychotherapy

Semester: Five papers for each semester.

A Theory: four paper for each semester. Maximum marks to each paper will be 80 and 3 hours duration of examination.

Instruction:

A] All questions are compulsory

B] All questions carry equal marks

Note:

1) Number of questions to be set in each paper will be Five

2) Three long answer questions and two short answer questions to be set on five units.

3) For every question, long answer type or short answer type, there will be an alternate choice. However, there shall be no internal choice in the question.

4) In each short answer type question there will be four sub questions with no internal choice.

B Practical

1] One practical examination in each semester of 80 marks and three hours duration.

2] Practical examination in each semester will be conducted by Internal and External Examiners appointed by the University.

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Distribution of marks for Practical Examination (80 marks) SEMESTER I

1] Record Book	15
2) Viewing & analysis of educational	
film/Analysis of Case vignette	10
3] Conduct of experiment(at the time	
of Exam)	10
4] Report of the experiment	10
5] Seminar (during the academic session)	15
6] Viva voce	20
Total	80

Internal Assessment (20 marks)

Distribution of 20 marks of internal assessment for practical

- a. Attendance for Practicals during the academic session 10
- b. Performance during Practicals in the academic session10

Distribution of marks for Practical Examination (80 marks) SEMESTER II

1] Record Book	15
2)Agency(Observation)Visits (4)& Reporting	12
3) Case Studies & Reporting	20
3] Conduct of experiment &	
Report of the experiment (at the time	
of Exam)	18
6] Viva voce	15
20	
Total	80

Internal Assessment (20 marks)

Distribution of 20 marks of internal assessment for practical

- a. Attendance for Practicals during the academic session 10
- b. Performance during Practicals in the academic session10

Diploma in Counseling and Psychotherapy and for M.A. in Counseling and Psychotherapy Semester I Paper V

Practical

This paper consists of eight laboratory experiments/Tests, Analysis of a Film/Case and seminar. Each student shall complete eight experiments and submit record book containing reports of experiment, Tests, Analysis of a Film/Case and Seminar.

1) Experiments (Any Four)

- 1 Substitution Learning
- 2 Memory Span
- 3 Recall and Recognition
- 4 Mental Set

- 5 Muller Lyer Illusion
- 6 Habit interference
- 7 Effect of knowledge of result on performance
- 8 Judgement of Emotion

2) Test (Any Four)

- 1 Intelligence
- 2 Creativity
- 3 Emotional Intelligence
- 4 Personality
- 5 Aptitude
- 6 Attitude

3) Seminar

A student has to prepare & present Paper on a given topic,

4) Viewing & Analysis of a educational film/ Analysis of case vignette

Diploma in Counseling and Psychotherapy and for M.A. in Counseling and Psychotherapy Semester II Paper V

Practical

It consists of eight psychological tests, Agency Visits and two case study report.

1)Test (Any Eight): -

- 1. Eysenck's Personality Questionnaire [EPQ]
- 2. Self Concept Inventory
- 3. Aggression Scale
- 4. Death Anxiety Scale
- 5. Youth Problem Check List
- 6. Mental Status Examination
- 7. Depression Scale
- 8. Stress Scale

- 9. Social Maturity Scale
- 10. Old Age Adjustment Inventory
- 11. Mental Health Inventory
- 12.TAT/Rorschach Ink Blot Test

2) Agency(Observation) Visits- Four- Visits to Agencies like Family Court, Observation Homes, Central Prison, Hospitals, De –addiction Centre, Family Counseling Centre etc

3)Case Study: -

Two case studies (presentation and report) will be conducted on psychological disorders.

Scheme of Teaching and Examinations for Semester & Credits Pattern of Master of Arts (Counseling& Psychotherapy) Semester I to IV TABLE-II

Sr.	Subject	Tea	ching Schen	ne		Examination Scheme				Total
No	_						Marks			
		Theory	Practical	Total	Dur.	Max	Min.	Max.	Min.	
		Credits	Credits	Credit		Mar.	Mar.	Mar.	Mar.	
				S						
1.	Paper-I	04		04	3 Hr	80	32	20	08	100
2.	Paper-II	04		04	3 Hr	80	32	20	08	100
3.	Paper-III	04		04	3 Hr	80	32	20	08	100
4.	Paper-IV	04		04	3 Hr	80	32	20	08	100
5	Practical		04	04	3Hr	80	32	20	08	100
	Total	16	04	20	•	400	160	100	40	500

Notes:-

- 1. Number of Theory Papers for each Semester shall be Four& each paper will be of 80 Marks.
- 2. Number of questions to be set in each paper will be Five
- **3.** All questions will be compulsory
- **4.** All questions carry equal Marks
- **5.** There will be Three long answer type questions and Two short answer type question to be set on all units.
- **6.** For every question there will be and alternate choice. However ,there will be no internal choice in the question.
- 7. In each short answer type question there will be four sub questions with no internal choice.

Practical

1. For Practical in each semester & it's Examination there will be maximum 60 Marks & for viva voce there will be 20 Marks.

Practical examination in each semester will be conducted by Internal and External Examiners appointed by the University.

Distribution of marks for Practical Examination (80 marks) SEMESTER I

1.	Record Book	15	
2.	Viewing & analysis of educational		
	film/Analysis of Case vignette	10	
3.	Conduct of experiment(at the time		
	of Exam)	10	
4.	Report of the experiment	10	
5.	Seminar(during the academic session)	15	
6.	Viva voce	20	
_	Total	80	

Internal Assessment (20 marks)

Distribution of 20 marks of internal assessment for practical

- c. Attendance for Practicals during the academic session 10
 d. Performance during Practicals in the academic session10

Distribution of marks for Practical Examination (80 marks) SEMESTER II

1.	Record Book	15	
2.	Agency(Observation)Visits (4)& Reporting	12	
3.	Case Studies & Reporting	15	
4.	Conduct of experiment &		
5.	Report of the experiment (at the time		
	of Exam)	18	
6.	Viva voce	20	
	Total	80	

Internal Assessment (20 marks)

Distribution of 20 marks of internal assessment for practical

- c. Attendance for Practicals during the academic session 10
- d. Performance during Practicals in the academic session10

Internal Assessment (20 marks)

For internal 20 Marks of each Theory Paper distribution of Marks will be as Under-

Attendance 05 Marks, Unit Test/Assignment 05 Marks Subject related any Innovative activity / Project 10 Marks

Separate passing in Theory, Internal Assessment and Practical

*Internship of 150 Hrs at the end of Sem-II- Candidate has to complete internship successfully only then marks sheet of semester II and Diploma Certificate will be issued & he can get admission in M.A. Sem-III.

Sant Gadge Baba Amravati University, Amravati

M. A Syllabus

Credit-Grade Based Performance and Assessment System (CGPA))

Features of the Credit System

SCHEME OF SYLLABUS AND CREDIT SYSTEM

- 1) M.A.Degree course shall be of total 80 credits.
- 2) Grades-Marks for each course would be converted to grades as shown in following Table 1 for theory and table 2 for practical. **Grades and Grade Points**

Table - III

Grade	Description	Range of Marks obtained out of 100 or	Grade points
		equivalent fraction	
О	Outstanding	90-100	10
A+	Execellent	80-89	9
A	Very Good	70-79	8
B+	Good	60-69	7
В	Above average	55-59	6
C	Average	50-54	5
P	Pass	40-49	4
F	Fail	Below 40	0
Ab	Absent	Ab	0

3) Equivalence of the conventional division/class with the CGPA is in accordance with the following table 3

Equivalence of Class/Division to CGPA

Table-IV

Sr. No.	CGPA	Class/Division
1.	7.5 or more than 7.5	First Class with
		Distinction
2.	6.00 or more but less than or equal	First Class
	to 7.49	
3.	5.50 or more but less than or equal	Higher Second
	to 5.99	Class
4.	5.00 or more but less than or equal	Second Class
	to 5.49	
5.	4.00 or more but less than or equal	Pass
	to 4.99	

- 4) Based on the grade points obtained in each subject, Semester Grade Point Average (SGPA) and then Cumulative Grade Point Average (CGPA) are computed .
- 5) Degree will be awarded on the basis of the Performance of CGPA of the Credits from semester I to IV

Appendix-B

Scheme of Teaching and Examinations for Semester & Credits Pattern of Post Graduate Diploma (Counseling& Psychotherapy) Semester I to II

TABLE-II

Sr.	Subject	Teaching Scheme				F	Examinat	ion Schem	ie	
No										
					The	eory/ Pract	ical	Internal		Total
						,				Marks
		Theory	Practica	Total	Dur.	Max	Min.	Max.	Min.	
		Credits	1 Credits	Credits		Mar.	Mar.	Mar.	Mar.	
1.	Paper-I	04		04	3 Hr	80	32	20	08	100
2.	Paper-II	04		04	3 Hr	80	32	20	08	100
3.	Paper-III	04		04	3 Hr	80	32	20	08	100
4.	Paper-IV	04		04	3 Hr	80	32	20	08	100
5	Practical		04	04	3Hr	80	32	20	08	100
	Total	16	04	20		400	160	100	40	500

Notes:-

- 1. Number of Theory Papers for each Semester shall be Four& each paper will be of 80 Marks.
- 2. Number of questions to be set in each paper will be Five
- 3. All questions will be compulsory
- 4. All questions carry equal Marks
- **5.** There will be Three long answer type questions and Two short answer type question to be set on all units.
- **6.** For every question there will be and alternate choice. However ,there will be no internal choice in the question.
- 7. In each short answer type question there will be four sub questions with no internal choice.

Practical

- For Practical in each semester & it's Examination there will be maximum 60 Marks & for viva voce there will be 20 Marks.
- 2. Practical examination in each semester will be conducted by Internal and External Examiners appointed by the University.

Distribution of marks for Practical Examination (80 marks) SEMESTER I

7.	Record Book	15	,
8.	Viewing & analysis of educational		
	film/Analysis of Case vignette	10	
9.	Conduct of experiment(at the time		
	of Exam)	10	
10.	Report of the experiment	10	
11.	Seminar(during the academic session)	15	
<i>12</i> .	Viva voce	20	
	Total	80	

Internal Assessment (20 marks)

Distribution of 20 marks of internal assessment for practical

- e. Attendance for Practicals during the academic session 10
- f. Performance during Practicals in the academic session10

Distribution of marks for Practical Examination (80 marks) SEMESTER II

7. Record Book	15
8. Agency(Observation)Visits (4)& Reporting	12
9. Case Studies & Reporting	15
10. Conduct of experiment &	
11. Report of the experiment (at the time	
of Exam)	18
12. Viva voce	20
Total	80

Internal Assessment (20 marks)

Distribution of 20 marks of internal assessment for practical

- e. Attendance for Practicals during the academic session 10
- f. Performance during Practicals in the academic session10

Internal Assessment (20 marks)

For internal 20 Marks of each Theory Paper distribution of Marks will be as Under-

Attendance 05 Marks, Unit Test/Assignment 05 Marks Subject related any Innovative activity / Project 10 Marks Separate passing in Theory, Internal Assessment and Practical

*Internship of 150 Hrs at the end of Sem-II- Candidate has to complete internship successfully only then Marks sheet of semester II and Diploma Certificate will be issued & he can get admission in M.A. Sem-III.

Sant Gadge Baba Amravati University, Amravati

P.G.Diploma (Counseling& Psychotherapy) Semester I to II

.Syllabus

Credit-Grade Based Performance and Assessment System (CGPA)) Features of the Credit System

SCHEME OF SYLLABUS AND CREDIT SYSTEM

- 1) M.A.Degree course shall be of total $80\ credits$.
- 2) Grades-Marks for each course would be converted to grades as shown in following Table 1 for theory and table 2 for practical. **Grades and Grade Points**

Table - III

Grade	Description	Range of Marks obtained out of 100 or	Grade points
		equivalent fraction	
О	Outstanding	90-100	10
A+	Execellent	80-89	9
A	Very Good	70-79	8
B+	Good	60-69	7
В	Above average	55-59	6
С	Average	50-54	5
P	Pass	40-49	4
F	Fail	Below 40	0
Ab	Absent	Ab	0

4) Equivalence of the conventional division/class with the CGPA is in accordance with the following table 3.

Equivalence of Class/Division to CGPA

Table-IV

Sr. No.	CGPA	Class/Division
1.	7.5 or more than 7.5	First Class with
		Distinction
2.	6.00 or more but less than or equal	First Class
	to 7.49	
3.	5.50 or more but less than or equal	Higher Second
	to 5.99	Class
4.	5.00 or more but less than or equal	Second Class
	to 5.49	
5.	4.00 or more but less than or equal	Pass
	to 4.99	

- 4) Based on the grade points obtained in each subject, Semester Grade Point Average (SGPA) and then Cumulative Grade Point Average (CGPA) are computed.
- 5) Diploma will be awarded on the basis of the Performance of CGPA of the Credits from semester I to II.